

BEAUTY TIPS



FRUITY FACIAL

WHAT YOU NEED:

- Four big, juicy strawberries and half an avocado
- A bowl
- A fork
- Warm water
- A clean towel



WHAT TO DO

1. Mash the strawberries and avocado together in the bowl with the fork until it forms a paste
2. Apply it liberally to your face, avoiding your eyes
3. Remove the mask with warm water after about 10 to 15 minutes
4. Pat your face dry with the towel

Ask permission before getting your friends round and raiding the kitchen cupboard!

To check for any bad reactions to this recipe, apply to a small area of your wrist first. If it does make your skin uncomfortable in any way, rinse it off with cold water immediately.

