

BEAUTY TIPS



MARVELLOUS MITTS

WHAT YOU NEED:

- An adult helper with a knife
- A lemon
- A small bowl
- Warm water
- A clean towel



WHAT TO DO

1. Get an adult to cut the lemon into slices
2. Add two slices of lemon or some lemon juice to the bowl
3. Fill with warm water
4. Soak your fingernails for about 5 minutes
5. Pat your hands dry using the clean towel

Ask permission before getting your friends round and raiding the kitchen cupboard!

To check for any bad reactions to this recipe, apply to a small area of your wrist first. If it does make your skin uncomfortable in any way, rinse it off with cold water immediately.

