

## BEAUTY TIPS



### OLIVE-SKINNED BEAUTY

#### WHAT YOU NEED:

- 1 egg yolk
- An adult helper
- 1 tsp of honey
- A spoon
- A bowl
- 1 tsp of olive oil
- Cleansing pads or tissues

#### WHAT TO DO

1. Ask the adult to separate the yolk from the egg
2. Mix together the honey and the egg yolk in the bowl
3. Add the olive oil and stir
4. Carefully smooth over face, avoiding eyes
5. Leave for 5 minutes, then use damp cleansing pads or tissues to remove



Ask permission before getting your friends round and raiding the kitchen cupboard!

To check for any bad reactions to this recipe, apply to a small area of your wrist first. If it does make your skin uncomfortable in any way, rinse it off with cold water immediately.